

# Organizational Myths

There are a number of myths about getting organized. Let's look at the common reasons people give for not wanting to get organized.

One of the key myths about getting organized is to say that you weren't born that way. Actually no one was. There is no gene with a DNA code that says Marilyn will be organized and Jean will not; Sally will get the code but Betsy will not. Organization is not an inherited trait, it's a learned skill.

When I was little my parents taught me to put away a toy before I took out a new one. I taught my daughters the same thing. When they were done with the Barbie® dolls, they had to put them away before they pulled out coloring books, stickers, or whatever else they wanted to do next.

A second myth is that many people say "I don't have the time." When you think about it, how much more time does it take to clean up the clutter every week because it isn't organized and then it piles up again. When you do get organized, then you can find things in less time, and have more time to do the things you really want to do – like read a book or work on your favorite hobby. "I don't have the time." is just mixing up the excuse with the real reason to do it – you will save time.

A third myth is that getting organized will make you less creative. However getting organized will actually free you up. You will be less frustrated. You will be less stressed. And you will be freer to open your mind to new ideas.

The fourth myth is that getting organized will turn you into a control freak. Actually getting organized will put everything in its place, so you won't have to be over-controlling – instead you will be able to relax because you will know where everything is.

So now that we have dispelled the myths about organization, getting organized should be easy.

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